

1. IDENTIFICATION OF THE WORK AND TASKS

Portable measuring tool consisting of a retractable graduated metal tape housed in a protective case. It is used to measure lengths or distances in construction, carpentry, plumbing, electrical installation, and DIY applications.

2. RISK ASSESSMENT

2.1. Hazard Identification

- Cuts caused by the tape retracting suddenly.
- Impact injuries resulting from accidental release of the tape.
- Eye injuries caused by the tape snapping back.
- Falls when taking measurements at height without stable support.

2.2 Risk Assessment

Hazard	Consequence	Probability	Severity	Risk
Sudden Tape Retraction	Cut or Impact Injury	High	Medium	High
Accidental Release of the Tape	Bruising	Medium	Medium	Medium
Eye Impact	Eye Injury	Medium	High	High
Fall from Height	Serious Injury	Medium	High	High

2.3. Preventive Measures for Identified Risks

- Do not use the tape measure as a cutting guide or straightedge for cutting operations.
- Avoid bending, twisting, or kinking the tape during use.
- Store the tool in a dry place with the tape fully retracted.
- Wear protective gloves and safety glasses.

2.4. Corrective Measures in Case of an Accident

- Cuts: Clean and disinfect the wound and cover it with a dressing. Seek medical attention if the wound is deep.
- Impacts: Apply ice and monitor the injury. Seek medical attention if swelling or persistent pain occurs.
- Eye Injury: Rinse the eye with clean water and seek immediate medical attention.

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This manual is intended to guide the user in the safe and efficient operation of this product.			

2.5. Evaluation of the Effectiveness of the Measures

Regularly inspect the condition of the tool, monitor its proper use, and provide periodic training on safe measuring techniques.

3. INSTRUCTIONS FOR USE

3.1. Aspects to Consider Before Use

- Check that the retraction mechanism and the end hook are in good condition.
- Verify that the markings are legible and complete.
- Clean the surface to be measured if necessary.
- Wear the appropriate PPE.

3.2. Aspects to Consider During Use

- Secure the hook at the starting point or hold it firmly.
- Extend the tape to the desired point.
- Read the measurement at the housing or at the relevant mark.
- Retract the tape slowly, pressing the brake if fitted.

3.3. Warnings

- Do not leave the tape extended unattended.
- Do not use the tape as a striking tool.
- Do not allow the tape to snap back suddenly, as this may cause damage or accidents.
- Do not allow use by minors or untrained persons without supervision.
- Use only in adequate lighting conditions.
- Do not use if you are tired, under the influence of alcohol, or have taken medication or substances incompatible with the work to be performed.



4. MAINTENANCE AND STORAGE

4.1. Cleaning

Clean the tape measure with a dry cloth after use. Avoid contact with water, cement, or solvents.

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4.2. Inspection

Inspect the condition of the hook, the markings, and the retraction mechanism. Replace the tool if any deformation or malfunction is detected.

4.3. Storage

Store in a dry place with the tape fully retracted and the housing clean.

4.4. Recycling and Environmental Considerations

Dispose of the product at an authorized recycling facility at the end of its service life, in accordance with local regulations. Separate components whenever possible.

5. CONTACT AND SUPPORT

If you have any questions or require further assistance, please do not hesitate to contact our customer service team:

- **Email:** comercial@bellota.com
- **Telephone:** 0034 943 73 90 00
- **Website:** www.bellota.com

Thank you for choosing our products. We appreciate your trust and are committed to ensuring your safety and satisfaction.