

10 Key Elements of SICPs

Protecting Patients, Staff & Visitors — Everywhere, Always

What Are SICPs?

Essential practices used at all times, in all care settings, for all individuals, regardless of known infection status.

Why They Matter

SICPs reduce the risk of infection from:

- Blood & body fluids.
- Secretions & excretions (excluding sweat).
- Non-intact skin & mucous membranes.
- Contaminated equipment or surfaces.

To protect effectively against infection risks, SICPs must be used consistently by all staff.

1



Patient Placement & Infection Risk Assessment

2



Safe Management of the Care Environment

4



Hand Hygiene

3



Safe Management of Care Equipment

5



Personal Protective Equipment (PPE)

6



Safe Management of Linen

7



Respiratory & Cough Hygiene

10



Occupational Safety: Preventing Exposure (Incl. Sharps Injuries)

9



Safe Management of Blood & Body Fluid Spillages

8



Safe Disposal of Waste (Including Sharps)